



# THE MIDWIFERY COALITION OF NOVA SCOTIA

## Sample Personal Story Letter

Return Address—This tells him you live in his riding as well as ways to get in touch for follow-up.

*Ima Newmom  
1234 Happy Street  
Halifax, NS B0J 2L0  
imanevmom@gmail.com*

*May 5, 2009*

MLA's address. Use the constituency address: You're writing as a constituent so the letter goes to the local office rather than party headquarters

*Mr. Howard Epstein  
Suite #103  
6009 Quinpool Road  
Halifax, NS B3K 5J6*

*Dear Mr. Epstein:*

Tell him who you are (a constituent) and what you are writing about.

*I am writing to you as my MLA because I'm disappointed that midwifery services are not available in my community and that there appears to be no plan for making them available in the near future.*

These paragraphs establish a brief background to the issue and how it affects you.

*As you know, the Minister of Health has proclaimed the Midwifery Act. Midwives will now be able to practice in three model sites—in HRM, in Antigonish and in Bridgewater. Unfortunately, none of these sites are in our District Health Authority.*

These paragraphs say what you want your representative to do for you.

*Midwives offer excellent primary maternity care and I was delighted to learn that their services are now legal and funded in Nova Scotia. Imagine my disappointment when I realized that, while midwifery care would be available to a lucky few, I was not among them.*

This is the "thank you" paragraph. You can also suggest a meeting.

*I am asking you to urge the government to publicly commit to a timeframe within which I can expect midwifery services to be available to my family. I would like to see the government offer incentives to the DHAs who have not yet integrated midwives into their maternity service and work with them to speed the process of making midwives available to childbearing women across the province.*

*Thanks you for your attention. If you would like to discuss this issue further, I'd be happy to meet with you.*

*Sincerely,*

*Ima Newmom*